



# AIRMAN FOR LIFE

## MONTHLY LIFELINE

**1 Jun 2021**

[How to succeed in college or grad school](#)

Spurred by the success of the online ordering/curbside pickup program — commissary officials have fast-tracked the rollout of [curbside pickup](#).

[10 mistakes people make when trying to get out of debt.](#)

[Veterans can hike, bike, paddle across America with help from Warrior Expeditions.](#)

Our Military Kids provides [extracurricular grants for children](#) of Post -9/11 Combat Veterans.

Boundary-breaking Extended Reality Network grows and spreads new opportunities.. [Distraction tool for pain, stress and anxiety!](#)

[COLA Increase for 2022](#)

VA can assist with a [video-capable device or internet connections](#) for healthcare.

My HealthVet - If an "Advanced" user does not upgrade before September, the account will become a Basic account and will have no access to the [Pharmacy features](#).

Extra time to apply for [VGLI](#) helps troops having challenges with finances or with getting their medical record